

Dear Parents, Carers and Acacia Nursery School Children,

I hope you are still coping and adjusting to this new way of living and are staying healthy and keeping busy. It is important to remember to continue to reinforce the importance of handwashing to your children and make sure that they are washing their hands throughout the day. Make sure you are modelling this to your child and then asking them to do the same.

It is important to stay active and healthy during this time and this can be tricky when many of us don't have gardens or outdoor spaces. PE with Joe

<https://www.youtube.com/playlist?list=PLvS52saluFhss4LKvJlTbuugqfXjvvxt-> is a good way to stay active and can help to provide a bit of routine to your day.

Lack of routine can be unsettling for young children and it may be helpful to plan a schedule for each day to help keep some routine in your child's life. I have included some activity ideas in this newsletter that you could do each day. I've also included some healthy recipes that your child could help you to make.

### Suggested schedule:

**7:00 – 9:00** – Get up get dressed and have breakfast

**9:00 – 10:00** - PE with Joe

**10:00 – 10:30** – Phonics activities

**10:30 – 11:30** – Wash hands and watch an educational programme.

**11:00 – 12:00** – EAD / Cooking / Fine Motor / UTW activity of choice

**12:00 – 13:00** – Lunch and wash hands

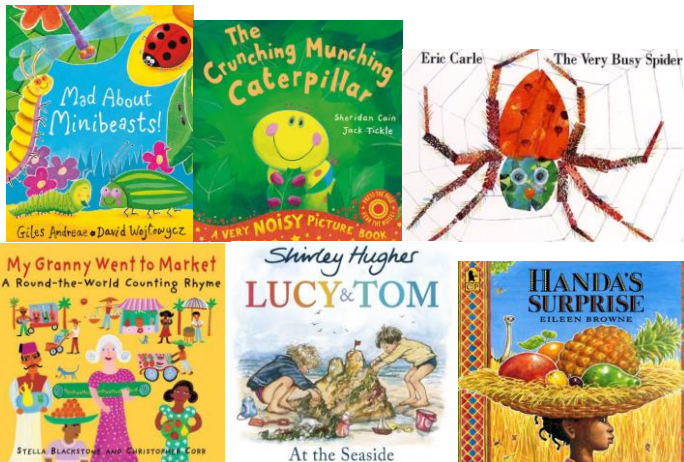
**13:00 – 14:00** – Go for a walk

**14:00 – 14:30** – Maths activities

**14:30 – 15:30** - EAD / Cooking / Fine Motor / UTW activity of choice.

**15:30 – 16:00** - Wash hands and watch an educational programme.

### Summer Term Topic Books



### Understanding the World (UTW) Activities

Create a minibeast habitat using natural resources.



Grow a cress caterpillar and talk about what plants need to grow.



Create a wormery and describe what you can see.



Go on a walk and take a photo of a sign that Summer is on the way.



### Healthy Recipes

<https://www.bbcgoodfood.com/recipes/roasted-spring-vegetable-pizza>



<https://www.bbcgoodfood.com/recipes/pasta-tomato-hidden-veg-sauce>



### Expressive Arts and Design (EAD) Activities

Make a flowerpot using clay and plant a flower to attract minibeasts.



Research Matisse and tear up coloured paper to create a minibeast in the style of Matisse.



Use junk to create a minibeast. Use glue and tape to join and pipe cleaners, paint and glitter to add detail and colour.



Do an observational drawing of a minibeast using either pencil crayons, pastels, watercolours or felt pens. Label drawing.



Create a symmetrical butterfly painting.



### Fine Motor Activities

Fine motor activities will help your child develop dexterity and will also build the muscles in their hands that are vital for them to be able to hold a pencil and write.

#### Leaf threading

You will need: card or foam, scissors, string or pipe cleaners.

Aim : help your child thread the string into the holes around the leaf.



#### Playdough Caterpillar

Make playdough (recipe on previous newsletter) and ask child to make a caterpillar. Use resources from around the house like broken up bits of spaghetti to add spikes and features to the caterpillar. This can also be done with clay or plasticine.



#### Threading and counting

Thread cheerios onto spaghetti and count how many there are. Find the corresponding number to match quantity.

